

Senior Training Fellowship

1. Name: Mrs. Rebecca Sumathy Bai
2. Department: College of Nursing & Specialty VII Nursing (Neuro & Ortho)
3. Year of STF: 2019

4. Objectives stated in the application for STF:

1. Initiate stroke nurse program - assessment and ongoing management of patients with stroke.
2. Dysphagia Screen in patients with stroke
3. Sub acute rehabilitation (2 hours to 2 weeks)

5. Center visited for STF & Mentor: North Shore University Hospital
Dr. Raj Narayan

6. Short description of training:

I was not privileged to have hands on training. Hence it was all observations. Training period was from 21-10-19 to 15-11-2019 four weeks. During meeting with faculty and orientation it was suggested by my mentor to observe and follow few neuro related services including stroke which was my fundamental aim. They included epilepsy monitoring unit, (EMU) care of patients in Neuro surgical unit, interventional radiology for stroke patients and post anesthesia care (IR), dysphagia screening (acute & chronic) & strategies.

7. Plans to implement objectives on return to CMC: to prevent secondary complication.

1. Improve the nursing related activities on assessment and on going care for stroke patients (From EMD to Rehab) immediately
2. Initiate ^{initial} dysphagia screening in patients with stroke immediately
3. Teach the nursing staff to plan and execute exercises related to secondary complications of stroke immediately
4. Discuss with Neurology HOD on implementation of EMU
Date: within three months Signature
5. Discuss with Interventional Radiology HOD on implementation of assessment protocols following thrombectomy, within one month

Sincerely
Rebecca
2/12/19.